

# NCDOH TIMES

# NEWSLETTER

Thursday, 07 May 2026

Vol. 10

## A MODERN HEALTH SYSTEM DELIVERING QUALITY CARE TO A GROWING PROVINCE



### TOP NEWS

#### HEALTH IMBIZO WITH MEC VILAKAZI

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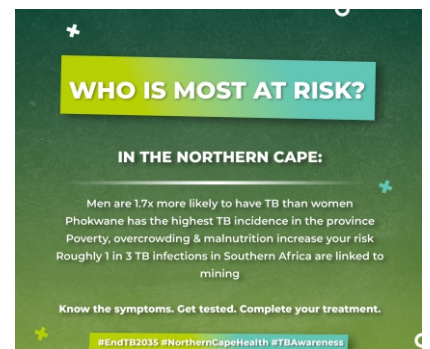
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#### NORTHERN CAPE DEPARTMENT OF HEALTH APPRECIATES THE SUPPORT OF PARENTS TOWARDS THE HUMAN PAPILLOMAVIRUS (HPV) VACCINATION CAMPAIGN FOR GIRLS IN GRADE 5 AND UPPER GRADES IN PUBLIC AND SPECIAL SCHOOLS.

In our ongoing efforts to protect girls from cervical cancer, the Northern Cape Department of Health, in collaboration with the Department of Education and the Department of Social Development, embarked on the Human Papillomavirus (HPV)

vaccination campaign from 2 February to 27 March 2026 across the Province.



## **MEC'S CORNER: A message from the MEC for Health, Ms. Nontobeko Vilakazi**

Recently, I had the privilege of visiting the Richmond Clinic and Community Health Centre, accompanied by our Head of Department, Mr. KV Phiri. The visit was part of the Department's ongoing commitment to strengthening healthcare at the primary health care level and it reminded me, once again, of the remarkable dedication that exists within our facilities.

What we found at Richmond was encouraging. Good governance practices were evident, a reflection of staff who take their responsibilities seriously and who hold themselves to a high standard even under difficult conditions. That does not go unnoticed, and it does not go unappreciated.

At the same time, the visit reinforced what I have been saying consistently during my engagements across the province: we have critical gaps that require urgent and coordinated attention. Infrastructure development and human resources remain pressing needs not only in Richmond, but across our health system.

Among the priorities we are actively driving is a comprehensive review of our Emergency Medical Services (EMS). The challenges facing EMS, including staff

shortages and service coverage across our vast province demand more than short-term fixes. The Department is working closely with the Office of the Premier and Provincial Treasury to develop long-term, sustainable solutions that will meaningfully improve EMS capacity and service delivery. As government we are aware of the major gaps in our EMS services especially the availability of ambulances at the most critical times. As a department we want our communities to know that their emergency healthcare needs are being taken seriously at the highest level.

Staff shortages across the Department remain a parallel concern, and one that is firmly on our agenda. We are approaching this systemically because lasting improvement in service delivery cannot be achieved without adequately resourced and supported teams on the ground.

Primary health care is the foundation of everything we do. When our clinics, our community health centres, and our emergency services function at their best, lives are saved closer to home. Every staff member contributing to that at whatever level is part of a system we are determined to strengthen.

To the team at Richmond, and to all our staff across the Northern Cape your work is seen. Your challenges are heard. And the Department is moving with purpose to address them.



## HEALTH IMBIZO WITH MEC VILAKAZI

A healthy province starts with a single step, a single jump and a “4.5 km walk with MEC for Health” in the Northern Cape MEC Ms. Nontobeko Vilakazi.

The Office of the Northern Cape MEC for Health held a successful “HEALTHY LIFESTYLE WALK AND HEALTH IMBIZO” the community gathering was called by the Northern Cape Department of Health to consult, listen and decide with the community they serve. The Healthy Lifestyle Imbizo took place in the ZF Mgcawu District and Pixley Ka Seme District. These two districts are led by District Directors Mr Beketsana in ZF Mgcawu and District Director Ms Mc Cloen in Pixley Ka Seme. District Directors alongside MEC, the Head of Ministry (HOM) Mr. Ndelaphi as well as the provincial Northern Cape Departmental of Health officials stopped at two district, covering three towns namely: Rosedale in ZF Mgcawu, Prieska in (Pixley Ka Seme) as well as Noupoort in (Pixley Ka Seme) presenting the health IMBIZO.

MEC for health Ms. Nontobeko Vilakazi started in each district with an energetic 4.5 Kilometres (km) health walk alongside her District Directors, in every district the program ran in the same method where the health walk was followed by an informative Media Briefing session, where facility managers and operational managers gave a high level overview of selected healthcare facilities in the districts these sessions were followed by community engagements and were concluded with a detailed speech from the MEC for health.

### FACILITIES OVERVIEW

1. SARAH STRAUSS ZF Mgcawu: the overview for Sarah Strauss Primary Healthcare (PHC) was presented by SR. Brandt,
2. BILL PICKARD HOSPITAL AND PRIESKA CLINIC: the overview for the mentioned facility was presented by: CEO Mandy Saaiman.

The facility healthcare overview was basically a snapshot of how healthcare services work in a specific area,

for a specific population, or around a specific issue such as:

- Geographic and situation analysis
- Full service packages offered
- Patient statistics
- Human /personnel and equipment resources
- Infrastructure
- Expenditure trends
- Burden of diseases which were key challenges and detailed presentation overview where presented to the MEC's office.

### COMMUNITY ENGAGEMENTS & COMMENTS

The community members came out in numbers to participate in the health imbizo, most led by their municipality WARD councillors, the community expressed their challenges and what was a repeating cry among all facilities were:

- Shortage of staff at both the Sarah Strauss clinic and the Harry Suirtie Hospital, the Bill Pilchard Hospital as well as the Prieska clinic.
- Medication and resource stock outs
- Poor referral experience
- Distance and transport challenges
- Shortages of ambulance
- Long waiting times & queues
- Poor triage, filing system delays.
- Patients leave without being seen leading to default on chronic meds

The health Imbizo's were all closed with an impactful speech from the MEC Ms. Nontobeko Vilakazi, MEC said that “As MEC for health I acknowledge all the challenges, no matter how challenging service delivery is, the government remains caring. I promise that we will deliver changes maybe not immediately but definitely soon, the northern Cape government, office of the Premier as well as the department of treasury are aware of the shortages of ambulances and the challenges mentioned in the province and are currently working towards a resolution”.

MEC further emphasised on a number of healthy lifestyle matters such as: teenage pregnancy, pregnancy awareness, medication adherence, reproductive health, she urged the young mothers to please visit their nearest healthcare facilities as soon as they find out that they are pregnant this will prevent complications during pregnancy “which will lead to a health child birth”,

MEC pleaded with the community to please take better care of their health, to take their medication and most importantly to not default on any chronic medication. MEC Ms. Vilakazi concluded by saying to the community in Prieska that, what stood out for her was “to see the young and vibrant doctors of Pixley Ka Seme so visible amongst their community and how well respected and loved by the community they are it is important that the people know and see their doctors at events such as health Imbizos”. She concluded.



## **NORTHERN CAPE DEPARTMENT OF HEALTH'S RISK COMMUNICATION AND COMMUNITY ENGAGEMENT (RCCE) INDUCTION SESSION IN KIMBERLEY.**

#PublicHealthEmergencies – The Northern Cape Department of Health (NCDoH) has successfully complied with the national mandate for the establishment of provincial Risk Communication and Community Engagement (RCCE) structures. This milestone strengthens provincial systems and enhances capacities for public health emergency preparedness and response, in alignment with global and national frameworks, including the International Health Regulations (2005), the National Action Plan for Health Security (NAPHS), and the Pandemic Prevention, Preparedness and Response (PPPR) framework, as articulated under Pillar 10 of the Presidential Health Compact.



The NCDoH convened a Provincial RCCE Induction and Orientation Session, in a concerted effort to institutionalise coordinated mechanisms for public health emergency preparedness and response, and to demonstrate its readiness for future public health emergencies.

The session was led by provincial coordinators, with support from the National RCCE team, who provided strategic guidance on multi-sectoral, multi-hazard

institutional arrangements and coordination mechanisms. These engagements form part of the broader development of the Draft RCCE Multi-sectoral, Multi-Hazard Strategic Framework for Emergencies, aimed at ensuring integration and alignment across sectors.

The session brought together provincial and district RCCE structures, fostering strengthened coordination, alignment, and implementation across all levels of the health system. It further served as a platform to prepare for the upcoming national validation workshop, where provinces will collectively review and validate the Strategic Framework, followed by extensive consultations with key stakeholders across sectors.



The Northern Cape Department of Health has extended its sincere appreciation to the National RCCE team for their leadership and valuable contributions. Special recognition was accorded to the NDoH RCCE Team for their insightful presentations and expertise, which significantly enriched discussions on the RCCE framework, communication strategies, and community engagement approaches.

A validation workshop involving all provinces will be conducted to review and confirm provincial structures, mechanisms, and plans. This will be followed by consultations with various sectors. The process is expected to be completed by the end of the year, culminating in the finalisation of the country's RCCE Multisectoral Multi-hazard Strategic Framework for Emergencies.



## ENVUSA ENERGY AND WBHO DONATE R1 MILLION AMBULANCE TO UMSOBO-MVU COMMUNITY

The Northern Cape Department of Health celebrated a significant milestone in community healthcare delivery when Envusa Energy and their contractor WBHO handed over an ambulance valued at approximately R1 million to the people of Umsobomvu Local Municipality at Hutchinson Hall in Noupoort.

The handover was facilitated by MEC for Health Mrs. Nontobeko Vilakazi and Cllr Toto, Mayor of Umsobomvu Local Municipality bringing together provincial and local government in a shared commitment to the well-being of the communities of Pixley Ka Seme District.

What makes this donation particularly meaningful is how it came about. Envusa Energy, one of South Africa's leading renewable energy independent power producers, conducted a thorough community needs analysis in the project area. The analysis revealed that Noupoort had access to only one designated ambulance in the event of a medical emergency. Having identified the gap, Envusa Energy and WBHO acted decisively donating one ambulance to the community.



The significance of this intervention cannot be overstated. In the Northern Cape, eighty percent (80%) of the population depends on the public health system, with a further ten percent (10%) of those who initially sought private care returning to public facilities when their medical aid funds are depleted. At any given time, the public health system effectively carries the burden of an entire province – making every resource, and every partnership, count.



Speaking at the handover, MEC Vilakazi was unequivocal in her commitment to the community: "I commit this Department to deploying this vehicle with purpose, maintaining it with discipline, and continuing to fight with every tool at our disposal for the health of our people."



The Department of Health extends its sincere gratitude to Envusa Energy and WBHO for this demonstration of responsible corporate citizenship. Partnerships like this one are not a luxury they are a lifeline.



through safe and effective vaccination given before exposure to the virus.



**NORTHERN CAPE DEPARTMENT OF HEALTH APPRECIATES THE SUPPORT OF PARENTS TOWARDS THE HUMAN PAPILLOMAVIRUS (HPV) VACCINATION CAMPAIGN FOR GIRLS IN GRADE 5 AND UPPER GRADES IN PUBLIC AND SPECIAL SCHOOLS.**

In our ongoing efforts to protect girls from cervical cancer, the Northern Cape Department of Health, in collaboration with the Department of Education and the Department of Social Development, embarked on the Human Papillomavirus (HPV) vaccination campaign from 2 February to 27 March 2026 across the Province.

The administration of a single dose HPV vaccine targeted all learner girls in Grade 5 in public, special and private schools with the aim of protecting girls at an early age against HPV-related diseases later in life. In respect to our Province, a total of 399 public schools, and 38 private schools were covered targeting 11 900 learners.

Furthermore, the Department commits to conducting catch-up vaccination for learners who may have missed vaccination during the February and March 2026, also targeting private and independent schools from 3 August to 25 September 2026. The Department emphasises that parental or guardian consent is mandatory.

By vaccinating learners at a young age, the programme reduces the risk of cervical and other HPV-related cancers in adulthood, strengthens preventive healthcare and long-term wellbeing and contributes to lowering cancer-related illness and deaths in South Africa.

Human Papillomavirus (HPV) is a common virus that can cause cervical cancer later in adulthood, most notably cervical cancer, as well as other cancers affecting both women and men. HPV is preventable

In a recent report released by the national department of health, over 5700 cases of cervical cancer are reported each year in the country. In line with 2030 PILLAR 2 of cervical cancer screening that requires 70% of women screened for cervical cancer, the Northern Cape Department of Health has screened 16,142 women in 2025 of which 1,352 were diagnosed with various stages of cancer.



The Northern Cape Department of Health reassures parents and guardians that the HPV vaccine is safe, effective, and approved for use in South Africa, and will be administered by trained healthcare professionals.



## ROBERT MANGALISO SOBUKWE HOSPITAL WELCOMES 43 NEWLY APPOINTED NURSES.

Robert Mangaliso Sobukwe Hospital, the flagship tertiary institution in the Northern Cape, has marked a proud milestone in its journey of service and excellence. Chief Executive Officer, Mr. Mkhululi Ntintelo, together with the senior management team, formally welcomed 43 newly appointed nurses into the hospital family.

This diverse group of professionals includes both specialised nurses and general professional nurses, each bringing unique expertise, compassion, and dedication to patient care. Their arrival is more than a staffing achievement, it is a reaffirmation of the hospital's mission to strengthen healthcare delivery, expand its capacity, and meet the growing needs of the community.

The newly appointed nurses represent a rich blend of skills and backgrounds. Some are trained in highly specialised fields such as critical care, paediatrics, theatre nursing, and maternal health, while others bring broad-based experience in general wards and outpatient services.

This diversity ensures that the hospital can balance specialised tertiary care with accessible community services, offering patients both advanced treatment and compassionate everyday care. Each nurse embodies resilience, professionalism and empathy, qualities that define the very essence of healthcare.

The appointment of these nurses marks a significant step forward in the hospital's mission to provide quality, specialised services to patients across the province. Their presence will:

- Expand clinical capacity, reducing waiting times and easing patient flow.
- Strengthen specialised units, ensuring that critical departments such as ICU, surgical theatres, and
- Maternity wards are adequately staffed.
- Improve patient outcomes, through timely, professional, and compassionate care.

By investing in skilled personnel, Robert Mangaliso Sobukwe Hospital enhances its ability to deliver on its mandate as a centre of excellence in tertiary health care.

### Building Resilience in the Health System

Healthcare resilience is about more than coping with challenges—it is about creating a system that adapts, grows, and thrives even under pressure. The addition of 43 nurses is part of a broader vision to build resilience within the Northern Cape health system.



### This investment in human resources ensures:

- Continuity of care, even during peak demand or emergencies.
- Reduced staff shortages, which often strain service delivery.
- Professional development opportunities, as new nurses are mentored and supported by experienced colleagues.

In this way, the hospital is not only addressing immediate needs but also laying the foundation for long-term sustainability.

For patients and families, the arrival of these nurses has a direct and meaningful impact. It means shorter queues, more attentive care, and access to specialised services. For the broader community, it signals renewed confidence in the health system's ability to serve with excellence.



**The strengthened workforce supports key public health priorities, including:**

- Maternal and child health, ensuring safe deliveries and healthy beginnings.
- Chronic disease management, providing ongoing support for conditions such as diabetes and hypertension.
- Emergency preparedness, enabling rapid response to accidents, outbreaks, or crises.

This moment demonstrates that Robert Mangaliso Sobukwe Hospital is not only a place of treatment but also a pillar of community wellbeing.

**Nurturing Talent and Advancing Standards**

As a tertiary institution, Robert Mangaliso Sobukwe Hospital plays a vital role in training and mentoring health care professionals. The arrival of new nurses reinforces its reputation as a place where talent is nurtured and standards are advanced.

Through exposure to specialised units, ongoing professional development, and mentorship, these nurses will grow in their careers while contributing to the hospital's reputation for excellence. This cycle of learning and service ensures that the institution remains at the forefront of healthcare innovation in the Northern Cape.

The hospital's leadership has emphasised the importance of creating a supportive environment where professionals feel valued and empowered. By welcoming these nurses warmly into the hospital family, management signals its commitment to fostering team work, reducing burnout, and enhancing patient care.

Such an environment benefits both staff and patients, reflecting the hospital's broader mission: to be a place where people thrive, whether they are delivering care or receiving it.

This milestone is a testament to the hospital's dedication to service, accountability, and care. It demonstrates that Robert Mangaliso Sobukwe Hospital is not only responding to immediate staffing needs but also laying the groundwork for a stronger, more resilient health system.



The Department of Health applauds this achievement, recognising that the addition of 43 nurses is more than a numerical increase—it is a renewed promise of excellence in healthcare delivery.

**As the hospital moves forward, the presence of these nurses will shape its future in profound ways. They will contribute to:**

- Innovating patient care, introducing new practices and approaches.
- Strengthening community trust, by delivering consistent, compassionate services.
- Advancing healthcare standards, ensuring alignment with national and global benchmarks.

Together, the hospital family, management, staff, and community will continue to face challenges with courage, resilience, and unity.

The welcoming of 43 newly appointed nurses at Robert Mangaliso Sobukwe Hospital is a moment of pride, hope, and progress. It reflects the hospital's unwavering commitment to excellence, its dedication to nurturing talent, and its vision of a resilient health system that serves the people of the Northern Cape with compassion and professionalism.



This milestone is not just about numbers, it is about lives touched, communities uplifted, and futures strengthened. With renewed energy and expanded capacity, the hospital stands ready to meet tomorrow's challenges, ensuring that every patient receives the care they deserve.



## **STRENGTHENING HUMAN RESOURCE MANAGEMENT IN THE FRANCES BAARD DISTRICT.**

The Department of Health in the Frances Baard District recently convened a bilateral engagement with representatives from the National Department of Health. The session focused on critical aspects of Human Resources Management within the healthcare sector, with the objective of diagnosing systemic challenges and formulating enhanced strategies to augment the efficiency and effectiveness of healthcare service delivery in the District.

The National Department of Health delegation comprised of; Dr. Bayeni, an expert in Human Resources for Health; Ms. Ngoepe, District Health Services; and Mr. Mabula, Labour Relations. Their expertise was instrumental in steering the discourse and delineating actionable interventions for critical challenges within the healthcare system.

The meeting deliberated on several critical matters, including the administration of commuted overtime and the implications of remunerative work outside the public service. Significant emphasis was placed on strengthening the district health service platform to ensure the optimal utilisation of health resources. Participants acknowledged the importance for standardised interventions across the province to secure improved health outcomes for all residents.

These deliberations are positioned to inform the upcoming provincial planning session on Human Resources for Health. The session seeks to consolidate initiatives focused on standardisation and stabilisation within the health service delivery framework, thereby enhancing the quality of care rendered to communities.

Through collaborative engagement and strategic planning, the Department is making substantive progress toward strengthening health services. These endeavours are crucial to securing a healthier future for all residents, as the initiatives under discussion will establish the foundation for more efficient healthcare service delivery across the province.

## **EMPOWERING HEALTH EMPLOYEES FOR EPMDS EXCELLENCE**

The Department of Health in the Pixley Ka Seme District convened an Employee Performance Management and Development System (EPMDS) workshop at Gariep Resort at the end of March 2026. The productive workshop was led by the District Health Manager, Mrs Sheila McCloen, and attended by district health management teams who convened to collectively deliberate on prevailing health challenges and formulate tangible solutions.

In her opening remarks, Mrs. McCloen articulated that the workshop is designed to capacitate managers in articulating performance expectations, monitoring implementation, and assessing outcomes toward enhanced service delivery. The EPMDS serves to diagnose skills deficiencies, facilitate targeted training and professional development across healthcare facilities, thereby ensuring quality care, optimal resource utilisation, and the institutionalisation of disciplined, collaborative performance management.

The second day of the workshop focused on examining the EPMDS framework, emphasising it as a continuous, systematic approach to establishing constructive goals and cultivating feedback. The session highlighted how this process aligns individual performance with departmental objectives to enhance service delivery, encompassing key stages such as target setting, planning, monitoring, and, most critically, accountability.

Managers were proactively engaged during this invaluable session, and the District Health Manager, Mrs. McCloen urged staff to ensure compliance, provide effective leadership, and consistently utilise policy as their primary frame of reference. Furthermore, She emphasised that it is imperative for managers to internalise institutional policies and principles to guide their personnel effectively. She further advised that job descriptions be reviewed collaboratively with employees to ensure that performance expectations are explicitly understood.

The session concluded with an intensive focus on the self-reflection review template. This tool enables staff to monitor career progression, furnish structured input for managerial evaluations, and identify areas for development. In closing, Ms McCloen stated: 'Managers must prioritise contingency planning,' and expressed her expectation of improved outcomes following the workshop.

## **CARER WELLNESS: Prioritizing Health care Workers in the Fight Against TB**

Although Tuberculosis (TB) Awareness Month has concluded, TB continues to pose a significant public health challenge, notwithstanding sustained campaigns and global efforts.

Key interventions remain imperative: expanding testing coverage, improving treatment accessibility, and mitigating stigma to ensure that all individuals affected by TB receive the necessary care and support.

In cognisance of this, the Department of Health in the Namakwa District shifted its World TB Day focus by extending Carer Wellness, or “caregiver” wellness, support to staff at the Martha Griffiths Community Health Centre (CHC). Healthcare workers, ordinarily the providers of care, became the recipients. The theme, Carer Wellness: “Caring for Those Who Care for Persons with TB (PWTB)”, was aligned with the national message: “Yes, You and I Can End TB.”

The event was graced by the District Director, Mr D. Grootboom; Dr. R. Romero, Head of the District Clinical Specialist Team; and Mr. C. Knoph, Mayor of Richtersveld Local Municipality, accompanied by the Speaker and members of the Mayoral Committee. Their remarks emphasised the critical importance of prioritising healthcare worker wellness as an integral component of the broader TB response.

Under the leadership of the District TB Coordinator, Sr. F. Smith, the District Close the Gap Team facilitated comprehensive on-site services for staff, including TB screening, HIV counselling and testing, cervical screening, stress assessments, and mental health support. The programme integrated clinical interventions with uplifting activities such as dancing, laughter, reflection, relaxation, and caregiver acknowledgements, thereby reinforcing healthcare worker wellness.

Staff at the Martha Griffiths CHC expressed profound appreciation, describing the occasion as both an honour and a privilege. They reaffirmed their dedication to delivering quality health services, amidst an atmosphere characterised by jubilation, recognition, and empowerment.

As articulated during the proceedings: “The fight against TB is not only about medicine. It is about community resilience, awareness, and empowerment. Let us unite to protect our families and secure healthier futures.”

## **JOHN TAOLO GAETSEWE DISTRICT FOUR (4) DAY HEALTH PLAN STRATEGIC SESSION IN KURUMAN.**

The John Taolo Gaetsewe District convened its District Health Plan (DHP) Strategic Session in April 2026, bringing together the District Management Team (DMT), Health Area Managers, Facility Managers, District Hospital Management, and Programme Managers to align priorities for the 2026/27 financial year.

The session was further strengthened by the participation of the Chief Director for District Health Services, Ms. Zama Kiti, alongside Health Programme Managers and the ZF Mgcawu District Health Management Team. This level of engagement reflects robust inter-district collaboration and the Department’s commitment to teamwork and improved health outcomes across the Province.

The session focused on strengthening system performance through data-driven planning, clear accountability, and integrated service delivery, with an emphasis on translating strategy into measurable outcomes.

Proceedings commenced with strategic alignment to National and Provincial frameworks, including the Sustainable Development Goals (SDGs), the National Development Plan (NDP) 2030, the Medium-Term Development Plan (MTDP), and provincial and district health service priorities, thereby ensuring coherence between policy imperatives and district-level implementation.

Day 1 of the session focused on an in-depth review of Programme 2, encompassing district strategy, performance relative to the Five (5) Year Strategic Plan, and audit findings. Structured breakaway sessions enabled participants to identify critical service delivery constraints and develop targeted, actionable interventions.

Successively, Day 2 centred on a comprehensive situational analysis, with engagements on financial trends, human resource gaps, disease burden, and policy alignment. Group discussions were organised around critical system pillars: governance, human resource and finance, service delivery, medicines, data management, and community engagement, ensuring a coordinated and systems-based planning approach. This process enabled the identification of operational bottlenecks and the development of practical, sustainable solutions.

For the last two days, the focus transitioned to indicator and target setting, as delegates progressed from broad health sector planning to the granular detail that drives measurable impact. Programmes, District Hospitals, and Health Area Managers presented their 2026/27 indicators, targets, and key interventions, ensuring alignment with district and provincial priorities to enhance performance across all levels of care.

As the strategic session drew to a close, the John Taolo Gaetsewe district emerged with a blueprint for the 2026/27 financial year. The inputs from the session will be consolidated into a final DHP document with a focus on implementation, continuous monitoring, and regular performance reviews at facility and programme level. The outcomes of the session highlight the district’s commitment to building a responsive, efficient, and person-centred health system. “Planning is only the beginning—implementation and accountability will define our success.”

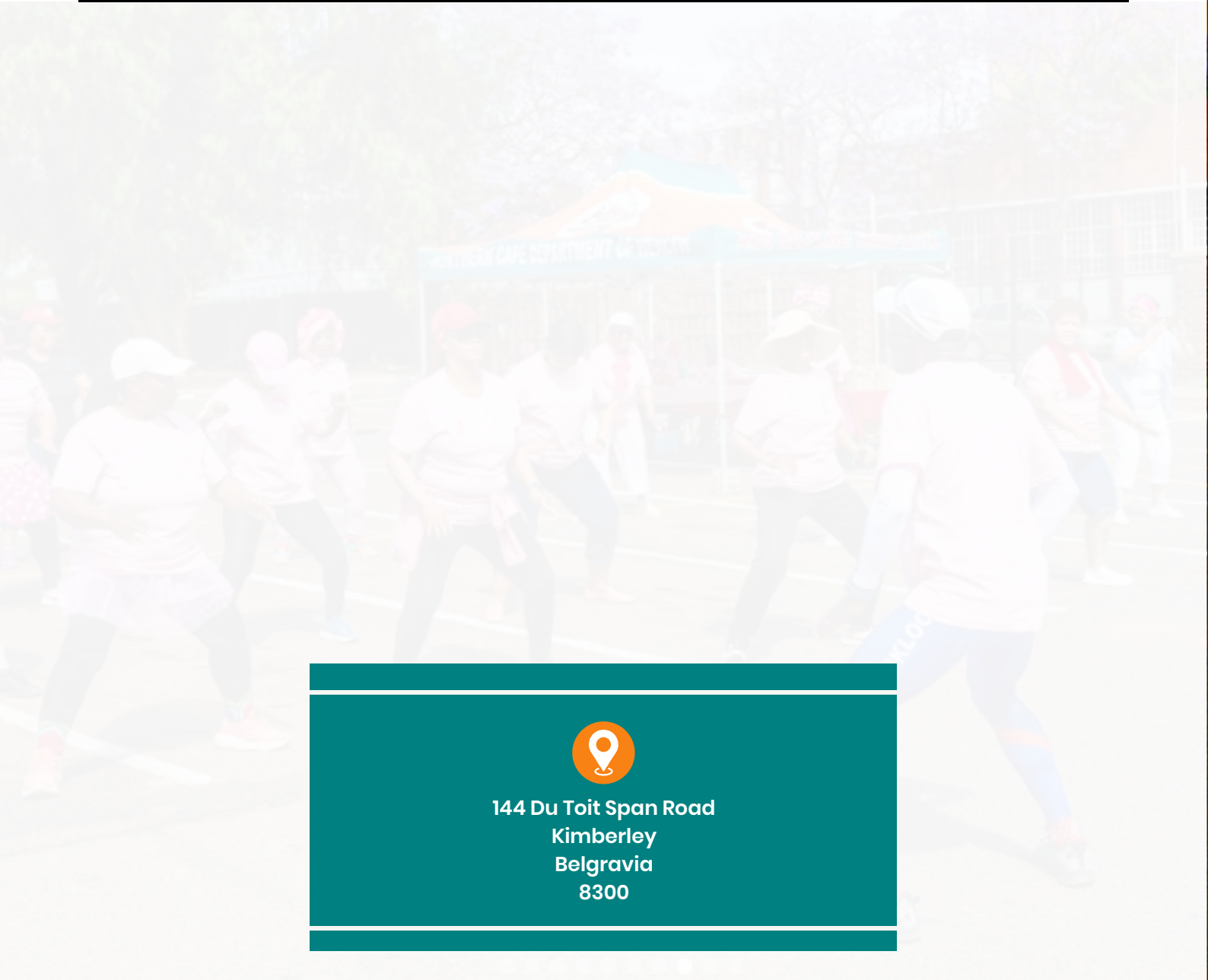
# Health Calendar 2026

May 2026	
No Tobacco Awareness Month	
Burns Awareness Month	
International Multiple Sclerosis Month	
4 - 10	Hospice Week
5	World Hand Hygiene Day
5	International Midwives Day
5 - 9	National Burns Awareness Week
8	World Red Cross Day
10	Global Move for Health Day
12	International Awareness Day for Chronic Immunological and Neurological Diseases
12	International Nurses Day
12 - 18	World Salt Awareness Week
15 May - 15 Jun	Go Turquoise for the Elderly Campaign
17	World Hypertension Day
21	Global Accessibility Awareness Day
25 May - 1 Jun	Child Protection Week
28	International Day of Action for Women's Health
31	World No Tobacco Day

## WEEKLY CONTENT

# Digital

Monday	Tuesday	Tuesday #2	Dinsdag#3	Wednesday	Thursday	Thursday #2	Friday
<b>DID YOU KNOW?</b>	<b>The Wellness Pulse</b>	<b>News Bulletin(Eng)</b>	<b>Nuus Bulletin (Afr)</b>	<b>Healthy Living</b>	<b>Fitness</b>	<b>Insta-Live</b>	<b>Weekly Recap</b>
							
<b>Refentse Gill</b>	<b>Katlego Gabaathole</b>	<b>Amanda Thobothobo</b>	<b>Iris Overmeyer</b>	<b>Malik Kau</b>	<b>Anthony Kgano (Coach)</b>	<b>Refilwe Propthy</b>	<b>Thandolwethu Ntwasa</b>
*Airing : Monday *Time : 9am	*Airing : Tuesdays *Time : 09am	*Airing : Tuesdays *Time : 10am	*Uitsaal : Dinsdag *Tyd : 10v.m	*Airing : Wednesday *Time : 7pm	*Airing : Thursday *Time : 6am	*Live : Bi-Weekly (Thursday) *Time : 7pm	*Airing : Friday *Time : 12pm



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