



NORTHERN CAPE  
**PROVINCIAL  
GOVERNMENT**  
WEEKLY

**PREMIER DR. ZAMANI SAUL  
FOREWORD**

This week we saw the phasing in of majority grades into the schooling system after being disrupted by the coronavirus pandemic, regrettably learners have lost a lot of schooling time, thus, during our school visits, we have encouraged learners to prioritise their school work and ensure that they catch up. I had the opportunity to speak to Grade 12 learners throughout this week as we are committed to working together with the class of 2020 to insure that they are on the same footing as their peers in other provinces. We have as Provincial Government, ensured that the schooling environment is conducive for both the learner and teacher.

The virus brought about unprecedented changes into many parts of our lives and disruptions to an already weakened economy. The Department of Sports, Arts and Culture will be rolling-out two processes to implement the sector relief. The first process will include the relief for athletes and all technical personnel in the sport sector, while the second process will focus on the arts and culture sector relief.

We will ensure that a list of all who had benefited from the first process be published on different platforms, for transparency and to ensure that we do not experience what the Department terms as 'double dipping'.

We have seen a considerable decrease in our COVID-19 recoveries as a province, and we continue to plead with our communities to remain vigilant, especially with the easing of lockdown regulations. We are able to concur the virus if we maintain social distance, wear our masks, and regularly sanitise or wash our hands with soap and water for more than 20 seconds.

We are in the last week of the month dedicated to women, a month we have used to highlight the contributions of women in our country. Today, together with Premiers from other Provinces, I took part in the Women's Parliament which was aired live on Parliament TV and social media platforms.

# COVID-19

South Africa remains at lockdown level two, but additional sectors of our economy will now be allowed to reopen - as long as strict measures are in place to ensure physical distancing & personal hygiene.  
**#COVID -19**



**STAY HOME  
STAY SAFE**

LET'S STOP  
**CORONAVIRUS**

**CORONAVIRUS HOTLINE:**  
0800 029 999



## SECOND WAVE OF THE COVID-19 RELIEF FUNDING FOR ATHLETES AND ARTISTS

### SPORTS RELIEF

The same process used in the first wave will apply for Sports. Applicants who are eligible to apply will include athletes, coaches, technical support personnel and freelance fitness instructors or practitioners. These are applicants who rely solely on income generated from participating in sports competitions, events and in fitness activities and who operate as freelancers. Only applicants who are South African citizens as per Home Affairs official definition will qualify for relief. Applications for this category of people should be submitted to the applicant's respective National Federation.

Only applications from fitness instructors / practitioners must be submitted to a portal on the Department's website. When submitting to Federations and sport entities, the Federations and sport entities will provide the first line of assurance. These entities will sign-off with a recommendation and send all recommended applications to the Department for further processing.

### Arts, Culture and Heritage Relief

The relief will be available to individuals in the arts, culture and heritage sector/cultural and creative industries. The categories to be provided with relief will apply only to:

- Performance and celebrations
- Music
- Festivals and events
- Books and publishing
- Heritage practitioners

Other practitioners will be covered through the partnership with the Department of Small Business and Development (DSBD). A joint allocation of R23 million has been set aside by both Departments to respond to a plea from the Cultural & Creative Industries Federation of South Africa (CCIFSA) for the craft, design and visual arts sectors towards relief amid the COVID-19 pandemic.

### 2ND WAVE APPLICATION PROCESS

Only one application form should be submitted by applicants either via WhatsApp or through the website; as submitting two applications will lead to disqualification.

All first wave beneficiaries identity numbers are going to be loaded on both systems as the system has been made in such a manner that should any of the first wave beneficiaries take a chance and submit an application, the system will then reject it.

A list of those who are recommended to be paid but are not yet processed will also

be loaded onto the system so that upon their submissions both Business and Arts South Africa (BASA) and the National Arts Council (NAC) systems will reject them.

Departmental communication and information platforms will also publish the names of all first wave recipients, serving as a reminder to those who initially benefited to not take a chance and submit.

All applicants upon submitting their applications via WhatsApp on 087 153 1027, will get an SMS acknowledging their applications.

Should applicants seek clarity and information on their application status, they can call 0800 724 278 at no cost. This measure was introduced to further strengthen our communication with all sector applicants.

### WOZA MATRICS

Woza Matrics is an initiative by the Department of Basic Education assisted by the National Education Collaboration Trust and developed in collaboration with the South African Broadcasting Corporation (SABC), Multichoice and eMedia Investments as well as with a number of educational content providers (in particular Digicampus, Mindset and Monyetla Trust), the Programme for Improved Learning Outcomes (PILO), and other educationalists.

The 12-week Woza Matrics campaign will start on the 1<sup>st</sup> September 2020 and will support Grade 12 learners in the build-up to their final matric exams by providing quality educational content in the following subjects:

- Maths
- Life Sciences
- Geography
- Physical Science
- Accounting
- Economics
- Math Literacy
- English First Additional Language
- History
- Business Studies

Woza Matrics will be broadcast on SABC 3, on all DSTV packages and on Openview (Channel 122) from 8:00-10:00 and 13:00-15:00 every day, 7 days a week. It will also be available for free on the DSTV Now Catch up app. A wide-reaching communications campaign will ensure learners, parents and teachers across the country know exactly where to find the subject and content they need each week. A link to support materials will also be made available on the 1<sup>st</sup> September 2020.



## ANNOUNCEMENTS

### SASSA PAYMENT REMINDER SCHEDULE FOR THE REMAINDER OF 2020/21

The dates of each grant payment date, from September to March, are below:

**Age and linked grants** – 3 September 2020, 5 October 2020, 3 November 2020, 1 December 2020, 4 January 2021, 3 February 2021, 3 March 2021

**Disability and linked grants** – 4 September 2020, 6 October 2020, 4 November 2020, 2 December 2020, 5 January 2021, 4 February 2021, 4 March 2021

**Unlinked children's grants** – 7 September 2020, 7 October 2020, 5 November 2020, 3 December 2020, 6 January 2021, 5 February 2021, 5 March 2021



**sassa**  
SOUTH AFRICAN SOCIAL SECURITY AGENCY



# COVID-19 RECOVERY CASE

## BOIPELO MOEKETSI



Boipele Moeketsi is a 23-year-old radio presenter, MC, storyteller and AFDA and Phakama Women's Academy Graduate. She shares her story as a youth that tested positive for the Coronavirus and who successfully beat it.

### 1) What were your worst symptoms and how did you treat them?

Headaches, mild chest pains and dizziness. It's advised to only take paracetamol tablets for pain when you're positive, of which I did but they never worked for me, particularly for the severe tension-like headaches. I'd drink water (2-3L) and sleep it off most of the time. Rest also helped me avoid dizziness.

For the chest pains I steamed twice a day. I would pour hot water into a large container, add Vicks and occasionally I'd also add Artemisia Afra (Lengana/Umhlonyane) to the mixture. Each steaming session would take me about 15mins.

### 2) How did you psychologically get through your recovery journey and quarantine period? Did you feel that being infected with this virus altered your psyche in any way?

At first, waves of anxiety and nerves overwhelmed me psychologically, but a few hours later, I knew that if I didn't want to slip into a depression, I had to channel a positive mindset/outlook and manifest healing, in order to get to a better place physically. Especially since I stay alone and far from home.

I took the very conscious decision not to work or deal with work-related matters, not even remotely. My sole priority was my health, as some days were okay but the bad days got really bad. For me, COVID-19 was an enigma.

However, I wrote a lot of personal journals which was an amazing outlet for thoughts and emotions.

Having medical advice, just a phone call away from my mother, who's a nurse also put my mind in a sound state. Keeping in contact with my family and friends also aided the process tremendously.

### 3) Did you experience any kind of a stigma from people upon them finding out you tested positive? If so, how did you receive that?

Yes.

It was as though, I've suddenly become a completely different person, regardless of having completed my 14-day isolation. For the first few days people made remarks as though I was still a threat to them and their health, they would shield those remarks with humor, of which I was never flattered by.

### 4) What are your biggest tips and tricks for beating COVID-19 for other infected people in the Province?

1) Make sure you complete ALL your days of isolation. This is so important. Many people, especially those who are asymptomatic, think it's okay for them to quickly go out to public spaces, when in reality they are doing so much harm to those around them.

2) Positivity starts with YOU, the sooner you start to channel a positive mindset, you'll notice how having COVID-19 actually builds your psyche and mental strength in the end.

3) Take your medication religiously, drink water, drink your supplements, traditional mixtures, all of it!

4) Put yourself first, and allow you and your body to recover. Don't be too consumed about what people in the outside world are doing.

## GBV CONTACT DETAILS

Know and share these contact details:

GBV Command Centre:

0800 428 428 / \*120\*7867# from any cell phone  
Persons with disabilities, SMS 'help' to 31531

Women Abuse Helpline:

0800 150 150

Child Line:

0800 055 555

SAPS Crime Stop:

0860 10111

GBVF-Related Service Complaints (SAPS):

0800 333 177/complaintsnodalpoint@saps.gov.za

National AIDS Helpline:

0800 012 322

National Human Trafficking Helpline:

0800 222 777

Suicide Helpline:

0800 567 567

National Department of Health:

<https://www.health.gov.za>

National Institute of Communicable Diseases:

<https://www.nicd.ac.za>

World Health Organisation:

<https://www.who.int>



## SOCIAL MEDIA PAGES

